

WOKING AND WEYBRIDGE BRANCH OF PARKINSON'S UK – APPLICATION FOR FINANCIAL ASSISTANCE

Executive Summary

Woking and Weybridge Branch of Parkinson's UK has been operating for 19 years and relies entirely on a self funding support group who receive no funding from Parkinson's UK. The Charity fundraises in order to arrange activities and events, both therapeutic and social for its members. The purpose of the Charity is to provide support, help and friendship to local people with Parkinson's, their families, carers and anyone who is affected by the degenerative neurological disease.

The aim of the branch is to give all members with Parkinson's the opportunity to take part in some form of exercise, as currently this is the only way that can help to alleviate the stiffness and eventual seizing up of muscles that forms part of the degenerative process and which will lead to loss of balance and co-ordination, making all movement and in particular walking, painful and difficult. Its hydrotherapy sessions will continue to be held at the White Lodge Centre and are charged at £20 per person per session. The Woking and Weybridge Branch of Parkinson's UK will use the grant from Woking Borough Council to offer fully subsidised sessions to all of their members.

Since April 2018, three members of the Group from Woking have been using the sessions on a weekly basis, with four being the capacity for each session. With help from the qualified teacher and assistant the focus has been on improving their mobility and co-ordination. In addition, a number of regular events have been held such as Sing and Smile, chair based mobility exercises and speech therapy classes. There is also a four hour weekly group for activities such as exercise, memory games and drawing under the supervision of two professionals, which also provides a time for carer respite.

The Woking and Weybridge Branch of Parkinson's UK are requesting to extend the revenue funding awarded for 2018/19 at £3,200 to provide weekly hydrotherapy treatment for members with Parkinson's. This sum will enable 40 weeks of therapy at a cost of £80 per week. It is proposed that the application be approved.

Recommendations

The Executive is requested to:	RESOLVE That funding be awarded at the requested level of £3,200 towards hydrotherapy sessions for its Woking-based members.
Reason for Decision	The provision of accessible hydrotherapy sessions will help those in the Borough living with Parkinson's to maintain a level of mobility and pain relief for as long as possible, and is in line with the identified priority areas in the Council's Health and Well Being Strategy.
Legal Authority	S142 Local Government Act 1972
Conditions	<p>Accounts. The Organisation must submit audited accounts for the year in which the grant is awarded, including an income and expenditure account and balance sheet. Please note that accounts for other years may also be required.</p> <p>Monitoring Information. The Organisation must submit quarterly</p>

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	<p>monitoring information as a measure of its achievements. Failure to provide details will jeopardise the award. E-mail requests will be sent to the applicant on a quarterly basis.</p> <p>Publicity. Where possible, the Organisation is required to publicise the support received from Woking Borough Council, including on all literature and leaflets produced.</p> <p>Payments. Unless exceptional circumstances exist all invoices must be received quarterly with details of the costs incurred and monitoring information for the previous quarter.</p> <p>Payment Period. Final quarter claims must be made by the second week in March. Unclaimed awards will not be available at a later date unless exceptional circumstances can be demonstrated to the Council before the end of the award year.</p> <p>Joint Working. WBC expects the Organisation to engage positively on health and wellbeing multi-agency joint work affecting Woking. Groups which refuse may place their Council support at risk, e.g. grant, concessionary rent and other assistance.</p> <p>Homelessness Reduction Act 2017. With the introduction of new legislation from April 2018, the council will expect the support of partner agencies in identifying people at risk of homelessness as early as possible to maximise the opportunities to prevent such. Partner agencies / organisations will be expected to be engaged in joint working arrangements to assist in finding suitable housing and support solutions, and where appropriate to undertake and respond to the new 'duty to refer'. Groups which do not support this new legislation and way of working positively may put their Council support at risk.</p> <p>Venue Hire. Woking Borough Council has a duty to ensure that publicly-owned venues and resources do not provide a platform for extremists and are not used to disseminate extremist views. This duty extends to organisations that work with the local authority so this includes recipients of any grants from Woking Borough Council. If you hire out your venue/s you should ensure you have good processes in place for record keeping and checking if they are an appropriate group to be making the hire arrangements. The following are some of what should be considered:</p> <ul style="list-style-type: none">• Basic details should be recorded to include speakers address, mobile phone number & organisation details.• Has the identity of the speaker been confirmed & is their organisation bona fide? Are they known to you?• Is the speaker from the area? Are they UK citizens or from overseas & will they travel specifically for this event?• Consider checks on the internet to confirm the status of speaker to include website, YouTube or social media sites.• How many people are likely to attend (check previous or similar events either locally or online).
Performance Indicators	<p>Users. The Organisation to provide a breakdown of the users in the past quarter.</p> <p>Activities. The Organisation to provide details of activities and events held during the last quarter.</p> <p>Publicity. The Organisation to advise how the Council's support has</p>

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	<p>been publicised over the last quarter.</p> <p>Statement of Use. The Organisation to provide a statement stating the use to which the grant money has been put.</p>
Future Support	<p>The financial pressure on the Council's budgets is expected to continue in the coming years and accordingly the overall level of support available in future years may be reduced. The applicant is therefore to be advised that the award of funding for 2019/20 does not imply that a similar application in 2020/21 would be supported. In particular, it is emphasised that the Council is unlikely to be in a position to award any sums above the 2019/20 levels.</p> <p>In view of this, the applicant is to be advised to ensure that contingency plans for the Group's operations for 2020/21 have been drawn up in the event that the Council is unable to continue its support beyond April 2020. All applicants are strongly recommended to pursue alternative sources of funding and are encouraged to approach Woking Borough Council's Community Support Team for advice and support.</p>

The Executive has authority to determine the above recommendations.

Background Papers:

2019/20 Application Form.

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Date Published:

4 December 2018

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1.0 Summary of Application	
1.1 Status and Aims	The organisation has been running for approximately 20 years and aims to provide the necessary exercise classes to help with the Parkinson's member's mobility. This includes speech therapy, seated exercise and hydrotherapy.
1.2 Employees	None.
1.3 Volunteers	8, whose roles include Chair, Secretary, Treasurer, Fund Raiser and Committee members. The Committee members also liaise with venues and organise coach transport for outings.
1.4 Clients/Users	150, comprising: 50 male 50 female 50 disabled 150 resident in Woking 10 aged 19-65 140 aged 65+ A small charge is made for outings. Members are provided with a variety of activities and events to make life more bearable for both sufferers and carers.
1.5 Members	150, comprising: 50 male 50 female 50 disabled 150 resident in Woking 10 aged 19-65 140 aged 65+
1.6 Sum Requested	£3,200 (Revenue)
1.7 Project	<p>The aim of the branch is to give all members with Parkinson's the opportunity to take part in some form of exercise, as currently this is the only way that can help to alleviate the stiffness and eventual seizing up of muscles that forms part of the degenerative process and which will lead to loss of balance and co-ordination, making all movement and in particular walking, painful and difficult.</p> <p>The Woking and Weybridge Branch of Parkinson's UK are requesting the sum of £3,200 to provide weekly hydrotherapy treatment for members with Parkinson's. This sum will enable 40 weeks of therapy at a cost of £80 per week.</p>
1.8 Cost breakdown:	40 weeks of hydrotherapy will cost £80 per week, totalling £3,200.
1.9 Community Benefit	Research has proved that all forms of exercise are essential to aid mobility for those with Parkinson's, as without, muscles will seize up.

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	<p>Hydrotherapy is especially beneficial due to the buoyancy provided by warm water.</p> <p>The provision of accessible hydrotherapy sessions will help those living with Parkinson's to maintain a level of mobility and pain relief for as long as possible, this will impact on the level of independence that members can maintain.</p>
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2.0 Financial Background	
2.1 Budget	<p>At the time of the application, the Group held £37,900 in the bank. The sum of £5,000 per annum is provided to Surrey Crossroads in order to give respite to carers. In addition, a small weekly session is held at Churchfields in Weybridge for which funds of £17,000 have been ringfenced, bequeathed by the Friends of Weybridge Hospital when it was disbanded.</p> <p>The Group has submitted a budget for 2018/19 which shows an anticipated income of £12,532 against an anticipated expenditure of £23,074, resulting in an anticipated deficit of £10,542.</p> <p>Anticipated income includes donations/gifts (£3,000), fundraising (£4,000), income collected for outings (£4,002), collections at groups/social events (£1,079) and Gift Aid (£340).</p> <p>Items of expenditure include costs of events (£5,299), exercise activities (£7,083), holidays / outings (£6,438) and therapeutic activities (£897).</p>
2.2 Accounts	<p>The Group has submitted accounts to December 2018 which shows an income of £37,743 against expenditure of £24,061, resulting in a surplus of £13,682. The sum of £36,187 was carried forward at the end of the year.</p>
2.3 Support over the past five years	2018/19 – £3,200

3.0 Assessment of Application	
3.1 Key Information	<ul style="list-style-type: none">○ Constitution Yes○ Registered Charity Yes○ VAT Registered No○ Equal Opportunities Policy Yes○ Safeguarding Policy Yes○ Reserves Policy Yes○ Quality Mark No○ Other funding sources pursued No○ Other support by the Council No○ Fundraising Yes

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	<ul style="list-style-type: none"> ○ Two quotes ○ Regular monitoring provided previously 	N/A Yes
3.2 Consultee Comments	<p><u>Sylvie Marshall, Community Development Manager</u></p> <p>Woking and Weybridge Branch of Parkinson's UK provides support, help and friendship to local people with Parkinson's, their families, carers and anyone who is affected by the degenerative neurological disease.</p> <p>The Group aims to engage all of its clients with Parkinson's in some form of physical activity in order to alleviate the stiffness and eventual seizing up of muscles that forms part of the degenerative disease. Funding this year and in previous years is allocated to fully subsidise the cost of hydrotherapy sessions for members, held at the White Lodge Centre in the grounds of St Peters Hospital.</p> <p>As the majority of users reside in the Woking Borough, I would recommend that the full amount of £3,200 be awarded to the Woking and Weybridge branch of Parkinson's UK.</p>	
3.3 Assessment	<p>Parkinson's is a degenerative neurological disorder, for which, at present there is no known cure. It results in all of the bodies muscles becoming stiff and if not exercised, they will eventually seize up, resulting in loss of co-ordination and balance thereby causing difficulty in walking. Outings and social 'get togethers' are also important to both members of Woking and Weybridge Branch of Parkinson's UK and their carers in order to help keep morale up.</p> <p>Woking and Weybridge Branch of Parkinson's UK aims to provide the necessary exercise classes to help with the Parkinson's member's mobility. This includes speech therapy, seated exercise and hydrotherapy. The Group is an entirely self funded support group and does not receive any funding from Parkinson's UK. It raises its own funds in order to arrange activities and events which are both therapeutic and social for the members and carers to benefit from.</p> <p>Research has shown that all forms of exercise are essential to aid mobility for those with Parkinson's, as without, muscles will seize up. Hydrotherapy is especially beneficial due to the buoyancy provided by warm water.</p> <p>The provision of accessible hydrotherapy sessions will help those living with Parkinson's to maintain a level of mobility and pain relief for as long as possible, this will impact on the level of independence that members can maintain.</p> <p>The aim of the branch is to give all members with Parkinson's the opportunity to take part in some form of exercise, as currently this is the only way that can help to alleviate the stiffness and eventual seizing up of muscles that forms part of the degenerative process and which will lead to loss of balance and co-ordination, making all movement and in particular walking, painful and difficult. When members attend the sessions run by the Group it also provides time for their carers to have respite.</p> <p>The hydrotherapy sessions will be held at the White Lodge Centre, for which there is a charge of £20 per person per session.</p> <p>The Woking and Weybridge Branch of Parkinson's UK is requesting to</p>	

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extend the revenue funding awarded for 2018/19 at £3,200 to provide weekly hydrotherapy treatment for members with Parkinson's. This sum will enable 40 weeks of therapy at a cost of £80 per week. The Woking and Weybridge Branch of Parkinson's UK will use the grant from Woking Borough Council to offer fully subsidised sessions to all of their members. Currently all members of the organisation are Woking based.

Since April 2018, three members of the Group have been using the sessions on a weekly basis, with four being the capacity for each session. With help from the qualified teacher and assistant, the focus has been on improving their mobility and co-ordination. In addition, a number of regular events have been held such as Sing and Smile, chair based mobility exercises and speech therapy classes. There is also a four hour weekly group for activities such as exercise, memory games and drawing under the supervision of two professionals, which also provides a time for carer respite.

It is proposed that the application be approved and a grant of £3,200 be awarded to the Group towards hydrotherapy for its Woking-based members.

REPORT ENDS